

How to proceed with a medical referral



You can use your doctor's referral with me, as I have an agreement with the Danish Sygeskikring.

With a referral from your doctor, you can get a subsidy for psychological treatment if you belong to one of the following groups/groups of people:

- Robbery, violence and rape victims.
- Traffic and accident victims.
- Relatives of seriously mentally ill persons.
- Persons affected by a seriously debilitating illness.
- Relatives of persons affected by a seriously debilitating illness.
- Next of kin in case of death.
- People who have attempted suicide.
- Women who, as a result of deformities or similar in the child, have an induced abortion after the 12th week of pregnancy.
- Persons who, before the age of 18, have been exposed to incest or other sexual abuse.
- People with mild to moderate depression from the age of 18.
- People with mild to moderate anxiety disorders, including mild to moderate OCD between the ages of 18 and 38.

FREE PSYCHOLOGICAL HELP FOR YOUNG PEOPLE BETWEEN 18 and 24:

Young people between the ages of 18 and 24 are entitled, as a temporary trial scheme, to free psychological help for anxiety and depression.

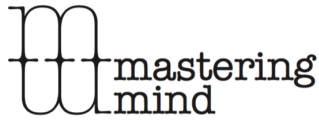
Your payment: 1st session, (55 min.) you pay DKK 469,86 and the 11 subsequent sessions, (45 min.) you pay DKK 391,80.

Health insurance "Danmark" currently provides an additional DKK 200 in reimbursement per conversation.

How to proceed:

If you have a referral from your general practitioner and wish to reserve a time for an initial consultation, please contact the clinic by e-mail: mhj@mastering-mind.com, with your telephone number, after which you will be contacted by the clinic per phone or e-mail.

Your referral must be no more than 3 months old when you contact the clinic. If it is older than that, you can contact your doctor and ask to have it renewed.



v./Autoriseret psykolog & specialist i psykoterapi Marie Hjalmarsson

Payment method

You can pay with Mobilepay (878444). I also accept Credit-cards. You pay after each session. You always get a receipt for your payment, to be sent to you by e-mail.

Change of time & cancellation

If you need to change your time, please let me know as soon as possible, as I have a waiting list for my cancellation times. You will receive an SMS reminder 24 hours before your interview and feel free to send yours when you receive the reminder, thank you.

You must change your time no later than 12.00 the day before our appointment. If you cancel later, or if you stay away from your appointment without canceling, you must pay the rate corresponding to the self-payment cf. the collective agreement (DKK 469,86 1st interview, subsequent interviews DKK 391,80)

Your time is only changed or cancelled when I have received your message and confirmed it. If you have not received a confirmation from me that your appointment has been changed or canceled in time, you must contact me again and make sure that I have received the message.

I look forward to welcoming you!

Marie Hjalmarsson

Licensed psychologist and specialist in clinical psychology/psychotherapy